

How the Comfort H/S™ Bite Splint Works

Severe tooth, jaw or facial muscle pain are common symptoms of clenching and grinding of the teeth. The Comfort H/S™ Bite Splint is a thin, customized device that fits over your upper or lower teeth during sleep. It is designed to alleviate the pain and damage caused by grinding and clenching while protecting your teeth from daily wear and tear.

Color Options for Comfort H/S Bite Splints

CLEAR



PINK



BLUE



Comfort H/S™

HARD/SOFT SPLINT

Get relief from
clenching and grinding



Facial and
tooth pain



Headaches



Tooth cracking
and chipping



Stiff jaw



Ask your doctor about the most
widely prescribed bite splint

Comfort H/S™ Bite Splints

Wake Up Without Jaw or Facial Pain

What Is Bruxism?

Do you wake up with a stiff jaw? Are your teeth sensitive to cold drinks? If so, you may suffer from bruxism, which is grinding or clenching your teeth during sleep. Bruxism damages healthy teeth and causes tremendous jaw, tooth and facial pain, which can result in costly dental treatment.

○ 10% of adults and 15% of children suffer from bruxism,¹ which we now know is hereditary.

○ Bruxism damages healthy dentition and causes tremendous jaw, tooth and facial pain.



Treat bruxism early



Fast turnaround time



Metal- and acrylic-free

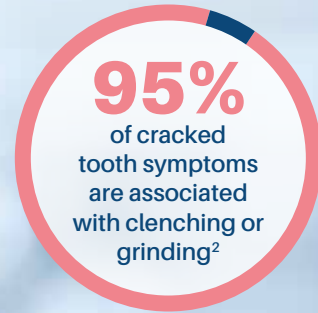


Digital file storage

Why Use a Comfort H/S™ Bite Splint

- The first step in treating bruxism
- Relieve your jaw, tooth and facial pain
- Protect your healthy teeth from damage
- Soft, comfortable inner layer
- BPA-free
- Metal- and acrylic-free

Each Comfort H/S™ Bite Splint comes with a storage case to help maintain original shape for superior fit.



INNER LAYER

1 mm soft polyurethane ensures comfort against teeth and gums

OUTER LAYER

3 mm hard copolyester provides durability against bruxing all night



HAND-CHECKED FOR QUALITY

Hands-on quality control delivers a comfortable fit, every time

1. American Sleep Association [internet]. Lititz (PA): American Sleep Association; c2019. Bruxism - Teeth Grinding Symptoms, Treatment & Causes [cited 2019 Jul 1]. Available from https://www.sleepassociation.org/sleep-disorders/more-sleep-disorders/bruxism/#Bruxism_Teeth_Grinding_Who_gets_it.

2. Hilton T.J., Funkhouser E., Ferracane J.L., et al. Correlation between symptoms and external characteristics of cracked teeth. J Am Dent Assoc. 2017 Apr;148(4):246-56.e1.